

# Personal Profile



**Name:** Dr. MANOJ C.KOPARADE  
**Designation:** Physical Education Director  
**Department:** Department of Physical Education and Sports  
**College:** K.R. Bellad Arts and Commerce College and P.G. Studies in Economics, Mundargi.  
**Qualification:** B.Com., MPed., CYS., PGDYS., NIS(Volleyball), PhD.  
**Experience:** 13 Year in Teaching and Sports Administration  
**Specialization:** Sports Training, Fitness, Individual and group Games Coaching.  
**Contact No:** 9741609009  
**Email Id:** [manoj10.koparde@gmail.com](mailto:manoj10.koparde@gmail.com)

## Education Qualification Details:

Qualification	Name of the School/College/Institution	Name of the university	Obtained percentage	Year of passing
PhD	University collage of physical Education	Bengulore University Bengulore	74.57%	2024
NIS	Netaji Subhas National Institute of Sports Patiala, Panjab	NSNIS SAI Southern Center Bangalore	68.16%	2022
KSET	University College of Mysore	University College of Mysore	Eligible	2016
PGDYS	Yoga Studies in Diploma	Rani Channamma University, Belagavi	60.29%	2018
M.P.Ed	Department Of Physical Education	Karnataka University Dharwad	77.17% (II nd Rank KUD)	2012
B.P.Ed	Beynon Smith College Of Physical Education Belgaum	Karnataka University Dharwad	86.26%	2010
Certificate Course in Yoga studies	Dr. R. D. Ranade College of Yogic Science & Research, Belgaum	Karnataka University Dharwad	58.33%	2010
B.COM	S S N Arts & Commerce College Hukkeri	Karnataka University Dharwad	58%	2009
P.U.C	S.K.P U College Hukkeri	Department Of Pre-University Education	47.5%	2005
S.S.L.C	Govt. High School Gudas	Karnataka Secondary Education Examination Board	55.68%	2003

**Work Experience:**

<b>Institute/College/University</b>	<b>Designation</b>	<b>Job Responsibility</b>	<b>Year</b>	<b>Number of Years</b>
<b>Kendriya Vidyalaya, No.1, AFS, Sambra, Belagavi</b>	<b>Physical Education Teacher</b>	<b>Volleyball /Handball Coach</b>	<b>2013 to 2015</b>	<b>02 years</b>
<b>Karnatak University Dharwad</b>	<b>Guest Lecturer</b>	<b>Practical &amp; Theory Classes</b>	<b>2015-16</b>	<b>01 Year</b>
<b>S S N Arts and Commerce College, Hukkeri</b>	<b>Physical Education Director</b>	<b>Physical Director</b>	<b>2016-17</b>	<b>01 Year</b>
<b>Karnatak University Dharwad</b>	<b>Teaching Assistant</b>	<b>Practical &amp; Theory Classes</b>	<b>2017 to 2019</b>	<b>02 Year</b>
<b>K.R. Bellad Arts and Commerce College and P.G. Studies in Economics, Mundargi</b>	<b>Physical Education Director</b>	<b>Training, Fitness and Coaching</b>	<b>2019 onwards</b>	<b>06 Year</b>

**Professional Experience /Responsibilities:**

- Appointment of Selection Committee Member to constitute Karnatak University, Dharwad Volleyball (Men & Women), Netball (M&W), Handball (M) team for the year 2015-16.
- Accompanied Karnatak University Volleyball Men team as a coach/manager for South Zone Inter University Computation held at Andra University, Vaisakpattanam.
- Accompanied Karnatak University Netball Men & Women team as a coach/manager for All India Inter University Computation held at Panjab University, Chandigarh.
- Appointment of Selection Committee Member to constitute Rani Channamma University, Belagavi Volleyball(M) & Netball(M) team for the year 2016-17.
- Accompanied Rani Channamma University, Belagavi Volleyball Women team as a coach/manager for South Zone Inter University Computation held at University of Calicut, Kerala From 21<sup>st</sup> to 29<sup>th</sup> Dec 2016.
- Appointment of Selection Committee Member to constitute Karnatak University, Dharwad Netball(M&W) team for the year 2017-18.
- Accompanied Karnatak University Volleyball Men team as a coach/manager for South Zone Inter University Computation held at SRM University, Kattankulathur(Chennai) from 24<sup>th</sup> to 29<sup>th</sup> Dec 2017.
- Appointment of Selection Committee Member to constitute Karnatak University, Dharwad Volleyball, Handball and Netball(M&W) team for the year 2018-19

- Accompanied Karnatak University as a Paper setter for M.P.Ed IInd semester examination 2019-20
- Accompanied Karnatak University as a Paper setter/Examiner for M.P.Ed Ist and IIIrd semester examination 2019-20
- Appointment of Selection Committee Member to constitute Karnatak University, Dharwad Volleyball (M&W) team for the year 2021-22
- Accompanied Karnatak University Volleyball Women team as a coach/manager for South Zone Inter University Computation held at SRM University, Kattankulathur(Chennai) from 12th to 16<sup>th</sup> Dec 2021
- Appointment of Selection Committee Member to constitute Karnatak University, Dharwad Volleyball (M&W) team for the year 2022-23
- Accompanied Karnatak University Volleyball Women team as a coach/manager for South Zone Inter University Computation held at SRM University, Kattankulathur(Chennai) from 23<sup>rd</sup> to 27<sup>th</sup> Dec 2022.
- Appointment of external examiner to Karnatak University Semester exam held at SJTGFGC Mundargi from 29/08/2022 to 05/09/2022. And 16/09/2022 to 12/10/2022.

**Research Article /work shop /seminar:**

Sl. No	Paper Title	State/national/ International	Organization	Year	Mode
01	Effect of Weight training on motor fitness components of college volleyball players	International Journal	GFGC KGF Kolar and GFGC Shiggaon Collaboration with International Journal of health, phy.edu. and computer sci. in sports	22 <sup>nd</sup> and 23 <sup>rd</sup> Agu. 2020	Online (Research Journal) ISSN No 22313265
02	Health and fitness in post covid status	International	GFGC Bengluru	31 <sup>st</sup> oct 2020	Online (Webinar)
03	PHY-EDU Spectrathon 2020 multifaceted physical education and sports	International	UCPE Banglore University, Banglore	28 <sup>th</sup> to 30 <sup>th</sup> July 2020	Online (Webinar)
04	Nutrition Fest-2020 Sports Nutrition	National Level	Khel-Karnataka Physical Education and Sports Association ® Belagavi	19 <sup>th</sup> and 20 <sup>th</sup> Sep 2020	Online (Webinar)

05	Effect of Weight training on Skill performance of college volleyball players	International Conference	Bapu Degree college, Bengaluru in Association with Phy.Edu Foundation of India Karnataka Chapter and Elite Sports Academy	9 <sup>th</sup> to 11 <sup>th</sup> Agu. 2021	Online (conference)
06	Effect of Weight training on Skill performance of college volleyball players	National Level	National Research Journal of information Technology and Information Science	Agu 2021	ISSN No 23501278
07	A Comparative Study of Sports Aggression football and Kho-Kho Players	National Level	KIE Society's SVS Bellubi Arts and Commerce College Saundatti	24 <sup>th</sup> July 2021	Offline
08	Effect of Weight training Programme on Volleying Skill performance of college volleyball players	International Journal	Journal of Emerging Technologies and Innovative Research	5 <sup>th</sup> may 2022	ISSN No 2349-5162
09	Effect of Weight training Programme on Explosive Power of college volleyball players	International Journal	International Journal of creative Research Thoughts	31 <sup>st</sup> July 2022	ISSN No 2320-2882
10	Effect of Weight training Programme on Speed of college volleyball players	National Seminar	Raj Rajeshwari arts and Com. College for Women Ranebennur	30 <sup>th</sup> June 2023	Offline
11	NEP-2020 A Journey of years	State Level	Karnataka Rajya Mahavidyalaya Shikshak Sangh	14 <sup>th</sup> Sep 2025	Offline
12	Effect of Weight training on Selected Skill performance of college volleyball players	National level Conference	KLE Society's G.I.Bagewadi Arts, Science and Commerce College Nippani	24 <sup>th</sup> Feb 2026	Offline ISSN No 22309578
13	The effect of Six Week Plyometric Training on Speed	National Level Seminar	KLE Society's Arts, and Commerce College Gadag	9 <sup>th</sup> Apr 2026	Offline

## **Personal Sports Achievements:**

### **Adhyapak Bhooshan Award -2025**

**\* State Volleyball Referee Exam passed**

**\* State Kho-Kho Referee Exam Passed**

- **Participated in Volleyball State Championship for Senior,2006 at Shivamogga.**
- **Karnatak University(Blue) in All India Inter University Netball Tournament at G.G.Vishwavidyalaya Bilaspur (Chhatisgarh) During the Year, 2011-12**
- **Karnatak University(Blue) in South Zone Inter University Volleyball Tournament at Bharthiar University Coimbatore(Tamilnad), During the Year, 2011-12**
- **Karnatak University(Blue) in South Zone Inter University Handball Tournament at Kerala, During the Year, 2012-13**
- **Karnatak University(Blue) in All India Inter University Netball Tournament at Kurukshetra University Kurukshetra, During the Year, 2012-13**
- **Karnatak University(Blue) in South Zone Inter University Volleyball Tournament at S R M University Channai , During the Year, 2012-13**
- **Karnatak University I<sup>st</sup> Zone Inter Collegiate Volleyball Tournament 2010-11, Secured 2<sup>nd</sup> place.**
- **Karnatak University Single Zone Inter Collegiate Men Handball Tournament 2010-11, Secured 2<sup>nd</sup> place.**
- **Karnatak University I<sup>st</sup> Zone Inter Collegiate Volleyball Tournament 2011-12 Secured 2<sup>nd</sup> place.**
- **Karnatak University Inter Collegiate Volleyball Tournament 2011-12 Secured 2<sup>nd</sup> place.**
- **Karnatak University Single Zone Inter Collegiate Men Handball Tournament 2011-12, Secured 1<sup>st</sup> place.**

### **Research Publication and Participation:**

- **Participated and Presented the paper entitled A Study of Motivation for Fitness in the INTERNATIONAL CONFERENCE ON PHYSICAL EDUCATION, YOGA AND SPORTS SCIENCE (ICPEYSS) 2017. Held at Gulbarga University, Kalburgi on 24<sup>th</sup> & 25<sup>th</sup> March 2017.**
- **Participated and Presented the paper on A Healthy Way to Develop Personality. In UGC Sponsored National Conference on “The Role of Women’s Participation in Sports for Women Empowerment” on 22<sup>nd</sup> -23<sup>rd</sup>**

March 2017, Organized by Department of Physical Education Sri Padmavati Mahila Visva Vidyalayam, Tirupati AP.

- Research Publication on International Recognition Multidisciplinary Research Journal ISSN 2249-894X, Impact Factor: 5.7631(UIF) **Topic: A Study of Motivation of Aspects Women's Fitness.** Published in the month of Aug 2018.
- Participated in the International Conference on Sports: An Integral Component of Nation – Building, on 19<sup>th</sup> and 20<sup>th</sup> Feb 2019, Organized by Mount Carmel College Autonomous Bengaluru.

### UGC Recognized FDP/FIP/Orientation and Refresher Course

Sl. No	Name of the course	Place	Duration		No. of Days	Name of the Institution where program is conducted
			From	To		
01	Faculty Development Program	Tamilnadu	27/06/2020	03/07/2020	08	YMCA College of Physical Education, Channi, Tamilnadu
02	Faculty Development Program	Bengaluru	16/08/2020	23/08/2020	08	Soundrya Institute of Management & Science, Bengaluru
03	Short Term Course	Banglore	25/08/2020	31/08/2020	07	Bapu Degree College in Association with Bengluru Central University, Phy.Edu. Foundation Of India and Lifesaving Sports Federation of India
04	Faculty Development Program	Koppal	12/10/2020	23/10/2020	12	University of Horticultural Scince, Bagalkot, College of Horticultural Koppal.
05	Faculty Development Program	Mumbai	29/08/2020	02/09/2020	05	University of Mumbai.
06	Faculty Development Program	Bengaluru	17/08/2020	22/08/2020	06	Besant Women's College, Bengaluru, Mangaluru University
07	Faculty Development Program	Mysore	09/02/2021	08/03/2021	29	Human Resource Development Centre Mysore University, Mysore
08	Leadership Development Programme	Mysore	17/03/2021	18/03/2021	02	Human Resource Development Centre Mysore University, Mysore
09	Refresher Course	Mysore	05/10/2023	18/10/2023	14	Human Resource Development Centre Mysore University, Mysore

**Specialization:**

Volleyball, Handball, Netball, Kabaddi, Kho-Kho, Yoga and Athletic  
Department of Physical Education .K U Dharwad.

**Personal Information:**

**Father Name** : Chandrashekhar D.Koparde  
**Mother Name** : Usha C.Koparde  
**Spouse** : Shruti  
**Doghters** : Mrudula and Mithali  
**Hobbies / Interests** : Playing Volleyball and Other Games , Reading.  
**Languages Known** : Kannada, Hindi, English, Marati  
**Address** : House No-8396/54  
Koppal Road, Teachers(Hudko) colony  
Mundargi

**Declaration:**

I here by declare that the information provided above is true and best of my knowledge.

Yours faithfully

(Dr. Manoj C. Koparde )

  
Co-Ordinator  
I.Q.A.C  
K.R. Bellad Arts and Commerce College  
and P.G Studies in Economics, Mundargi.

  
Principal  
PRINCIPAL  
K.R. Bellad Arts & Commerce  
College MUNDARGI